




**Sebring Assisted Care Residence**
  
**September 2010**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:30 Exercise Fun 10:00 Current Events 1:00 Rosary in Gardens <b>2:00 Resident Council in Bistro</b> 3:30 Bingo in Bistro	<b>2</b> 9:30 Exercise Fun 10:00 Current Events 3:30 Happy Hour in Bistro	<b>3</b> 9:30 Exercise Fun 10:00 Current Events <b>11:30 Lunch Bunch to Applebee's</b> <b>3:30 Bowling in Bistro</b>	<b>4</b> 9:30 Exercise <b>10:00 Manicures in Activity Room</b> 1:30 Bingo in Bistro <b>2:30 Group Crossword Puzzle in Bistro</b> <b>3:30 Open Gym</b>
<b>5</b> 9:30 Exercise Fun 10:00 Current Events <b>10:30 Manicures in Activity Room</b> 1:30 Bingo in Bistro	<b>6 Assisted Living Week! Labor Day! "Celebrate Life"</b> 9:30 Exercise Fun 10:30 Current Events <b>2:30 Pie &amp; Ice Cream in Dining Room</b>	<b>7 Assisted Living Week! "Game of Life"</b> 9:30 Exercise Fun 10:00 Current Events <b>2:30 Baseball, Pretzels, Popcorn in Dining Room</b>	<b>8 Assisted Living Week! "Pamper Yourself Day"</b> 9:30 Exercise Fun <b>10:00 Pet Visits with Luna, Iris, Zora</b> <b>1:00 Rosary</b> <b>1:30 Hand Massage/Lotion</b> 3:30 Bingo in Bistro	<b>9 Assisted Living Week! "Music of Life"</b> 9:30 Exercise Fun <b>10:00 Music with Shari Sarazin</b> <b>2:00 Music with Michael Gruber in Gardens</b> 3:30 Happy Hour	<b>10 Assisted Living Week "Life is an Art"</b> 9:30 Exercise Fun 10:00 Current Events <b>1:30-3:30 "Life is a Big Canvas Art" in Activity Room</b>	<b>11 Assisted Living Week! "Patriots Day" Goldie Here!</b> 9:30 Exercise 10:00 Current Events 1:30 Bingo in Bistro <b>3:30 Thank You Cards to our Troops in Bistro</b>
<b>12 Assisted Living Week! "Grandparents' Day"</b> 9:30 Exercise Fun <b>10:00 Catholic Scripture Reading</b> <b>2:00 Ice Cream Social with Family &amp; Friends in the Dining Room</b>	<b>13</b> 10:30 Exercise Fun 11:00 Current Events <b>1:30 September Birthday Party on Patio (weather permitting)</b> <b>3:30 Group Crossword Puzzle in Bistro</b>	<b>14</b> 9:30 Exercise Fun 10:00 Current Events <b>3:30 Cards with Goldie</b>	<b>15</b> 9:30 Exercise Fun 10:00 Current Events <b>1:00 Rosary in Gardens</b> 3:30 Bingo in Bistro	<b>16</b> 9:30 Exercise Fun 10:00 Current Events 3:30 Happy Hour	<b>17</b> 9:30 Exercise Fun 10:00 Current Events <b>3:30 Room Visits with Goldie</b>	<b>18</b> 9:30 Exercise <b>10:00 Manicures in Activity Room</b> 1:30 Bingo in Bistro <b>3:00 Open Gym</b>
<b>19</b> 9:30 Exercise Fun <b>10:00 Catholic Scripture</b> <b>10:30 Manicures</b> 1:30 Bingo in Bistro <b>3:00 Wii Bowling in Lounge</b>	<b>20</b> 10:30 Exercise Fun 11:00 Current Events <b>1:30 Welcome Tea</b> <b>3:00 Group Crossword Puzzle in Bistro</b> <b>4:00 Library Cart</b>	<b>21</b> 9:30 Exercise Fun 10:00 Current Events <b>3:30 Wheel of Fortune in Bistro</b>	<b>22</b> 9:30 Exercise Fun 10:00 Current Events <b>1:30 Crafts: Autumn Wreaths</b> 3:30 Bingo in Bingo	<b>23 First Day of Fall!!</b> 9:30 Exercise Fun 10:00 Current Events <b>1:30 Travel Log: Portugal</b> <b>3:30 Portugal Happy Hour</b>	<b>24</b> 9:30 Exercise Fun 10:00 Current Events <b>3:30 Room Visits with Stephanie</b>	<b>25</b> 9:30 Exercise Fun 10:00 Currents Events 1:30 Bingo in Bistro
<b>26</b> 9:30 Exercise Fun 10:00 Current Events 1:30 Bingo in Bistro	<b>27</b> 9:30 Exercise Fun <b>10:00 Pie Prep in Activity Room</b> <b>1:00 Pie Baking in Activity Room</b>	<b>28</b> 9:30 Exercise Fun 10:00 Current Events <b>3:30 Room Visits with Goldie</b>	<b>29</b> 9:30 Exercise Fun 10:30 Exercise Fun <b>1:00 Sebring Memory Walk: Sponsored by GL Rehab</b> 3:30 Bingo in Bistro	<b>30</b> <b>9-1 Bake Sale for the Alzheimer's &amp; Dementia Alliance</b> 9:30 Exercise Fun 10:00 Current Events 3:30 Happy Hour	