


















Sebring 'Gardens' Events Calendar



SEPTEMBER 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bethel TV Church Service  Sundays 10:00 – Channel 7	'BEAUTY SHOP' MONDAYS Appointments Made with the Receptionist	MEAL TIMES: 8:00 am - Breakfast 12:00 pm - Lunch 5:00 pm - Dinner	1* 10:30- Exercise & News 1:00- Catholic Rosary 2:30- Reminiscing 3:30- Bingo 6:30- Sing-Along	2* 10:30- News & Views - Exercise Fun 2:30- 'Happy Hour' 3:30- Word Games 6:30- Old Time T.V	3* 10:30- News & Views - Exercise Fun 2:30- Garden Club 3:30- Card Club 6:30- Reminiscing	4 10:30- News & Views - Exercise Fun 2:30- Bowling 3:30- Bingo 6:30- Movie Night: 
5 10:30- Reflectionsø Music, Reading, Fellowship 2:30- 'Sundae' Sunday 3:00- Trivia 6:00- Garden Movie 	6* 'Celebrate Life' Assisted Living Week 10:30- News & Views - Exercise Fun 2:30- 'Labor Day' Apple Pie & Ice Cream 3:30- 'PoetryøCircle 6:30- Travel Movie 	7* 'Game of Life' Assisted Living Week 10:00- Exercise & News 2:30- PLAY BALL!ø Baseball in Sebring D.R. 3:30- Word Games 6:30- Music Appreciation 	8 'The Nature of Life' Assisted Living Week 10:00- Therapy Dog Visit 1:00- Catholic Rosary  2:30- Hand Massages 3:30- Autumn Bingo 6:30- Nature Movie Rosh Hashanah begins Sunset	9 'Music of Life' Assisted Living Week 10:00- 'Shari Sarajin' Harpist in Sebring D.R. 2:00- Michael Gruber: 'Gardens' Musical Guest 3:30- 'Happy Hour' 6:30- Sing-Along 	10* 'Life is an Art' Assisted Living Week 10:30- News & Views - Exercise Fun 1:30-3:30-Creative Arts 3:30- Friends Social 6:30- 1:1 Puzzles  Rosh Hashanah Ends	11* 'Live Life' Assisted Living Week 10:30- Exercise & News 2:30- 'Patriot's Day' Send a card to our Troops 3:30- Red, White, Blue Game  6:30- Movie Night:
12* 'Life with Family' Grandparents Day 10:00-Catholic Scripture 10:30- Reflectionsø 2:00- 4:00 'Sebring' Ice Cream Social  6:00- Sing-A-Long	13 10:30- News & Views - Exercise Fun 2:30-September Trivia & Birthday Party 3:30- History Revisited 6:30- Sing-Along 	14* 10:00- Creative Arts with Tracy, M.S.A.T. 2:30- Exercise Fun 3:30- Word Games 6:30-National Geographic	15* 10:30- News & Views - Exercise Fun 1:00- Catholic Rosary 2:30- Reminiscing 3:30- Bingo 6:30- Sing-Along	16* 10:30- News & Views - Exercise Fun 2:30- 'Happy Hour' 3:30- Word Games 6:30- Old Time T.V	17* 10:30- News & Views - Exercise Fun 2:30- Garden Club 3:30-Card Club 6:30- Reminiscing Yom Kippur begins Sunset	18 10:30- News & Views - Exercise Fun 2:30- Bean Bag Toss 3:30- Bingo 6:30- Movie Night: Yom Kippur ends Nightfall
19 10:00-Catholic Scripture 10:30- Reflectionsø 2:30- 'Sundae' Sunday 3:00- Trivia 6:00- Garden Movie 	20* 10:30- News & Views - Exercise Fun 2:30- Handicrafts 3:30- PoetryøCircle 6:30- Travel Movie	21* 10:30- News & Views - Exercise Fun 1:30- Letø Bakeø 3:30- Crossword Puzzle 6:30- Music Appreciation	22 'Autumn' Begins 10:30- Creative Arts 1:00- Catholic Rosary 2:30- Exercise Fun 3:30- Gardens Bingo 6:30- Nature Movie Sukkot begins Sunset	23 10:30- News & Views - Exercise Fun 2:30- 'Happy Hour' 3:30- Trivia  6:30- Sing-Along	24* 10:30- News & Views - Exercise Fun 1:30- Scenic Bus Ride 3:00- Friends Social 3:30- Board Games 6:30- 1:1 Puzzles	25* 10:30- News & Views - Exercise Fun 2:30- Ring Toss Game 3:30- Bingo 6:30- Movie Night:
26* 10:30- Reflectionsø Music, Reading, Fellowship 2:30- 'Sundae' Sunday 3:00- Trivia 6:00- Gardens Movie 	27 10:00- Coffee Clutch 10:00- Apple Pie Prep 1:00- Letø Make Piesø 2:30- Exercise Fun 3:30- History Revisited 6:30- Sing-Along	28* 10:00- Creative Arts with Tracy, M.S.A.T. 2:30- Exercise & News 3:30- Word Games 6:30-National Geographic	29* 10:30- FalløReminiscing 1:00- 2:00 Sebring Memory Walk Sponsored by GL Rehab. 3:30- Bingo 6:30- Sing-Along Sukkot ends nightfall	30* 9:00-1:00 BAKE SALE 10:30- News & Views - Exercise Fun 2:30- 'Happy Hour' 3:30- Word Games 6:30- Old Time T.V	 'SEBRING' BAKE SALE September 30th 9:00a.m.-1:00p.m. Sebring Lobby Proceeds to Benefit the Alzheimer's & Dementia Alliance '2010 Alzheimer's Walk' Oct. 2nd at Warner Park 